

COCONINO COMMUNITY COLLEGE
COURSE OUTLINE

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Status: Permanent
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February 18, 1993
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A. Course Identification:

1. Subject Area: Psychology (PSY)
2. Course Number: 205
3. Course Title: Introduction to Abnormal Psychology
4. Credit Hours: 3
5. Course Description: This course provides an introduction to the classification, causes, and treatment of various disorders, including anxiety, mood, schizophrenic, substance abuse, personality, and developmentally-related disorders. Prerequisite: PSY 101. Three lecture.

B. Course Goals: This course provides students an understanding of the psychological, physiological, and societal factors influencing mental health.

C. Course Outcomes: Students will:

1. discuss historical views of abnormal behavior and the role of society and law as they relate to abnormal behavior;
2. demonstrate an understanding of the research strategies used to study abnormal psychology;
3. explain how the different models/approaches explain the causation of mental illness, including the Biological, Psychodynamic, Behavioral, Humanistic, Cognitive, and Socio-Cultural models;
4. describe assessment techniques and classification criteria used to help diagnose the major mental disorders;
5. and explain how the different models/approaches are used to treat mental illness, including the Biological, Psychodynamic, Behavioral, Humanistic, Cognitive, and Socio-Cultural models.

D. Course Outcomes Assessment will include a variety of assessment techniques, including written exams and writing assignments.

E. Course Content will include:

1. history of the study of abnormal behavior;
2. models/approaches to understanding abnormal behavior:
 - a. biological;
 - b. psychodynamic;
 - c. behavioral;
 - d. humanistic;
 - e. cognitive;
 - f. socio-cultural;
3. research methodologies
4. assessment and classification
 - a. assessment techniques;
 - b. current DSM;
5. diagnostic criteria, theories of causation, and treatment of the following types of disorders:
 - a. anxiety;

- b. somatoform;
 - c. mood;
 - d. psychophysiological;
 - e. schizophrenic;
 - f. developmentally-related;
 - g. personality;
 - h. substance abuse;
 - i. eating;
 - j. dissociative;
6. and role of society, laws, and ethical considerations as they relate to abnormal behavior.