

COCONINO COMMUNITY COLLEGE
COURSE OUTLINE

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February 22, 1993
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October 23, 2001
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January 27, 2011
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A. Identification:

1. Subject Area: Nursing (NUR)
2. Course Number: 110
3. Course Title: Nursing Assistant I
4. Credit Hours: 4
5. Course Description: Basic concepts common to all members of the health team in acute and long-term care settings. Basic principles of communication, nutrition, emergency care, medical terminology, environmental safety and comfort, and ethical/legal aspects of health care. Basic nursing skills based upon fundamental nursing concepts in giving individualized client care. Current American Heart Association Health Care Provider CPR certificate; health requirements including evidence of TB testing within the past year, two measles, mumps, and rubella immunizations or titers, Tetanus, Diphtheria, and Pertussis (TDAP) within ten years, confirmation of Varicella or immunization, flu vaccine (date restricted) or documented exception . These requirements are subject to change at the discretion of Northern Arizona Healthcare. Prerequisites: MAT 082 and RDG 099 or placement beyond prerequisite courses or Consent of Instructor. Pre/Co-requisite: AHS 131. Recommended: AHS 131 prior to summer enrollment. Co-requisite: NUR 111. Three lecture. One lab.

B. Course Goals:

1. Prepare the student Nursing assistant to take the written and skills examination given by the Arizona State Board of Nursing to become a Certified Nursing Assistant.
2. Graduates will have the knowledge and skills necessary to obtain employment as a nursing assistant.

C. Course Outcomes: Students will:

1. function as a member of the health team within a health care facility/community;
2. demonstrate effective communication;
3. care for cognitively impaired clients;
4. demonstrate ethical and legal behavior;
5. identify the function, structure, and common abnormalities of the body systems;
6. maintain a safe environment for the client;
7. demonstrate general principles of infection control;
8. apply the principles of basic nutrition to client care;
9. provide basic emergency care and the client with personal care and grooming;
10. measure vital signs;
11. provide for elimination;
12. demonstrate safe transfers, positioning and turning of clients using effective body mechanics;
13. provide needed assistance in getting to and participating in resident activities;
14. apply heat and cold treatments utilizing safety measures;
15. assist with diagnostic tests;
16. provide nursing care for clients with drains/tubes; provide ostomy care for a client with an established ostomy;
17. recognize abnormal changes in body function and report such changes to a supervisor;
18. protect client from self-injury;
19. provide care for the peri-operative client;

20. apply binders and bandages;
21. provide care for clients and family when death is imminent;
22. assist in admission/transfer/discharge of the client;
23. describe aging and related issues;
24. assist in identifying the mental health and social service needs of clients;
25. and demonstrate behavior that maintains client's rights.

D. Course Outcomes Assessment:

1. Cumulative Final Exam.
2. Skill competency test.
3. Student success with Arizona State Board Certification knowledge and skills tests.

E. Course Content:

1. Introduction to health care.
2. Ethical and legal standards.
3. Infection and infection control.
4. Introduction to anatomy.
5. Client environment.
6. Communication and observations.
7. Basic emergency procedures.
8. Safety measures.
9. Body mechanics.
10. Personal care.
11. Nutrition.
12. Elimination.
13. Special needs.
14. Admission transfer and discharge.
15. The dying resident.