

COCONINO COMMUNITY COLLEGE
COURSE OUTLINE

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Effective Term: Fall 2020

February 22, 1993
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A. Identification:

1. Subject Area: Nursing (NUR)
2. Course Number: 110
3. Course Title: Nursing Assistant I
4. Credit Hours: 4
5. Catalog Description: Prerequisites: MAT 082 and RDG 099 or placement beyond prerequisite courses or Consent of Instructor. Pre/Co-requisite: AHS 131. Recommended: AHS 131 prior to summer enrollment. Co-requisite: NUR 111. The Certified Nursing Assistant's role will focus on the adult population which covers the basic concepts required to become a member of the health care team in long-term and acute care settings. Topics to be taught include (but not limited to) an understanding of activities of daily living, communication, basic nutrition, basic emergency care, principles of infection control, medical terminology, resident safety, and ethical/legal aspects of health care. Fundamental nursing skills based upon the basic nursing concepts above will be reinforced through giving individualized resident care in the classroom, lab, lab practice time, and clinical rotations. Requirements to enter the class include: a current TB skin test, a DPS Fingerprint Clearance card, influenza vaccination for the current flu season, TDAP immunization (within the last 10 years), proof of 2 Varicella immunizations or a positive titer ready by a licensed health care provider, and proof of 2 MMR immunizations or a positive titer read by a licensed health care provider. These requirements are subject to change at the discretion of Northern Arizona Healthcare. Three lecture. One lab.

B. Course Goals:

1. Prepare the student to take the written and skills examination given by the Arizona State Board of Nursing to become a Certified Nursing Assistant or Licensed Nursing Assistant.
2. Graduates will have the knowledge and skills necessary to obtain employment as a nursing assistant.

C. Course Outcomes: Students will be able to:

1. Explain and identify the roles and responsibilities of the nursing assistant.
2. Discuss professionalism in the workplace.
3. Describe effective communication with residents and other members of the health care team.
4. Identify how culture affects the care of a resident.
5. Identify elements of a safe environment for the resident, family, and health care team.
6. Describe the chain of infection and general principles of infection control.
7. Understand the principles of basic nutrition to meet the resident's dietary needs.
8. Identify a medical emergency and basic emergency care.
9. Describe care for the peri-operative resident.
10. Describe care for the resident with special needs.
11. Identify the function, structure, and common abnormalities of each of the body systems.
12. Demonstrate basic nursing assistant interventions.

D. Course Outcomes Assessment:

1. Cumulative Final Exam.
2. Skill competency test.
3. Student success with Arizona State Board Certification knowledge and skills tests.

E. Course Content:

1. Introduction to health care.
2. Ethical and legal standards.
3. Residents Bill of Rights.
4. Infection and infection control.
5. Introduction to anatomy and disease processes.
6. Client environment.

7. Communication and observations.
8. Basic emergency procedures.
9. Safety measures.
10. Body mechanics.
11. Personal care.
12. Drains, tubes, ostomies.
13. Vital signs.
14. Reporting abnormalities.
15. Comfort and rest.
16. Nutrition.
17. Elimination.
18. Special needs.
19. Admission transfer and discharge.
20. The aging resident.
21. The dying resident.