

COCONINO COMMUNITY COLLEGE
COURSE OUTLINE

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A. Identification:

1. Subject Area: Nursing
2. Course Number: NUR 111
3. Course Title: NURSING ASSISTANT CLINICAL
4. Credit Hours: 1
5. Catalog Description: To provide students with the necessary clinical time required for application for state certification as a Certified Nursing Assistant. Students will practice basic concepts common to all members of the health team in acute and long-term care settings which include basic principles of communication, nutrition, emergency care, medical terminology, environmental safety and comfort, ethical/legal aspects of health care, basic nursing skills based upon fundamental nursing concepts in giving individualized client care. Prerequisites: Current American Heart Association Health Care Provider CPR certificate; health requirements including evidence of TB testing within the past year, measles, mumps, and rubella immunization or titers, TDAP, confirmation of Varicella or immunization. These requirements are subject to change at the discretion of Northern Arizona Healthcare. Co-requisite: NUR 110. One lab.

B. Course Goals:

Prepare the student Nursing assistant to take the written and skills examination given by the Arizona State Board of Nursing and to have the appropriate number of clinical hours to apply to become a Certified Nursing Assistant (CNA). .

C. Course Outcomes:

The student will:

1. Function as a member of the health team within a health care facility/community.
2. Demonstrate effective communication.
3. Care for cognitively impaired clients.
4. Demonstrate ethical and legal behavior.
5. Identify the function, structure, and common abnormalities of the body systems.
6. Maintain a safe environment for the client
7. Demonstrate general principles of infection control.
8. Apply the principles of basic nutrition to client care.
9. Provide basic emergency care.
10. Provide the client with personal care and grooming.
11. Measure vital signs.
12. Provide for elimination
13. Demonstrate safe transfers, positioning and turning of clients using effective body mechanics.
14. Provide needed assistance in getting to and participating in resident activities
15. Apply heat and cold treatments utilizing safety measures
16. Assist with diagnostic tests.
17. Provide nursing care for clients with drains/tubes.
18. Provide ostomy care for a client with an established ostomy.
19. Recognize abnormal changes in body function and report such changes to a supervisor
20. Protect client from self injury
21. Provide care for the peri-operative client
22. Apply binders and bandages
23. Provide care for clients and family when death is immanent.
24. Assist in admission/transfer/discharge of the client
25. Describe aging and related issues.
26. Assist in identifying the mental health and social service needs of clients
27. Demonstrate behavior that maintains client's rights
28. Complete a minimum of 40 hours of clinical practice experience in diverse setting.

D. Course Content:

Will include:

1. Orientation to clinical practice settings
2. Performance of basic interventions that are appropriate to the nursing assistant role, including:
 - a. Personal care and grooming
 - b. Measuring vital signs
 - c. Transfers, positioning and turning of client, using effective body mechanics
 - d. Communicating with clients
 - e. Serving and feeding clients
 - f. Observing and reporting observations