

# ***COCONINO COMMUNITY COLLEGE***

## ***COURSE OUTLINE***

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Revised by: Alan Petersen

Text Revision: Alan Petersen

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Revised By: G. Darlington

Spring 2007

A. Identification:

1. Subject Area: Dance
2. Course Number: DAN 110
3. Course Title: BALLET I
4. Credit Hrs: 3
5. Catalog Description:  
Basic ballet techniques and appreciation of ballet as a form of artistic expression.  
Three lecture. May be taken for S/U credit.

B. Course Goals:

To provide students with an opportunity to learn basic ballet techniques and methods

C. Course Outcomes:

Students will:

1. Develop correct placement and body alignment
2. Develop the ability to recognize and execute ballet movements covered during the semester.
3. Develop proficiency in use of French terminology as it applies to ballet vocabulary.
4. Increase physical flexibility and control and guild strength.

D. Course Content:

Will include:

1. Basic positions of feet and arms.
2. Basic body positions.
3. Usage of fixed points of practice room in execution of center work.
4. Execution of ballet movements using French terminology.
5. Basic movements in classical ballet.